

July 2023 - Renewal of Agreement

Company Name: SenCura Home Care

Contact Name: Jessica Henry

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Hello,

My name is Jessica Henry and I am interested in renewing our company Agreement with the Regency Cooperative Association.

SenCura is nationally licensed by the Joint Commission for the Accreditation of Hospitals and Home Care Agencies (JCAHO) as well as the Virginia Department of Health. We have been in business since early 2007 and continue to support adults in the Northern Virginia community. Sencura provides bathing and dressing assistance, medication reminders, transportation and errands, light housekeeping, laundry, meal preparation and planning, companionship, and much more! A comprehensive list of services is attached to this document. The official updated price for Sencura's services is based on the level of care the client needs. We have three different levels of care with the first one starting at \$32.00 per hour for four contiguous hours or more. The co-op member's price is \$31 per hour for 4 hours or more for the first level of care we provide. We also provide Caregiver live-in services (call for information). There are no long-term contracts - every member has a 24-hour cancellation option. We are open, available, and working 24 hours a day, 365 days a year. All Caregivers are direct employees of the company, bonded and insured, undergo multiple interviews and criminal background checks, are formally trained, licensed drivers, and all must be able to both speak and understand English as a requisite for the Caregiving position. In addition, Caregivers are provided CEU-accredited courses by the company as part of their ongoing training regimen.

Please let me know if you need any additional information. If necessary, our Director of Community Outreach, Charlie Delap, would be happy to meet with the board at your convenience.

SenCura Home Care

Customized Home Services for Your On-Going Needs

SenCura offers long-term and on-call assistance for your ongoing care. As always, our services are flexible and can be customized to meet your unique needs. From 24-hour care to just a few hours a week, our schedules vary as much as our clients with <u>no minimum hours</u> required! Certified by the Joint Commission.

Companionship:

Friendly conversation
Games, cards, or other mind-stimulating
activities
Help with hobbies or crafts
Rent and play videos/DVDs
Read and discuss books, papers, and magazines
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Meal Preparation:

Meal planning, preparation, and clean-up Monitoring diet and eating habits Record and arrange recipes Monitor food expirations Clip coupons for shopping

Transportation and Escort:

Doctor appointments
Grocery shopping
Social functions, Church, or other religious
functions
Entertainment events
Prescription pick-up
Dry cleaning drop-off/pick-up Grocery
shopping
Miscellaneous errands

Household Chores:

Light housekeeping
Washing and arranging dishes
Taking out the garbage
Change and wash linens
Ironing
Dust furniture
Organize and clean closets/cupboards
Sweep and wash the floor
Clean kitchen appliances
Sewing or mending assistance
Care for house plants

Home Monitoring:

Notify the family of any changes in the health or

appearance of the client Correspond with and update the family on the client's activities Supervise home maintenance Monitor home safety

Medication:

Medication reminders
Monitor medication usage
Assist in scheduling appointments
Pick up prescriptions

Personal:

Answer door and telephone
Bring in and sort mail
Letter writing and other correspondence
Assist with walking and exercises
Birthday and anniversary reminders
Bathing Assistance
Assist in decision making
Help with getting dressed
Pet Walking
Respite Care
... and more!

