



EASE AT HOME

In-Home Senior Care & Assistance

Ease At Home prioritizes high-quality, personalized care and support to our clients, and is committed to maintaining high levels of comfort and satisfaction. At Ease at Home, we believe that every individual deserves the opportunity to age with dignity, recover with resilience, and navigate health challenges with grace while remaining in the comfort of their homes.

Our Services Include The Following	
● Bathing/Showering	● Meal Preparation
● Dressing Assistance	● Shopping & Errands
● Toileting Assistance	● Exercises & Activities
● Medication Reminders	● Caregiver Relief & Companionship
● Transfers & Walking Assistance	● Laundry & Light Housekeeping

Phone: (571)-201-6927

Email: easeathomellc@gmail.com

Discounted Rate for Regency Co-op Association Members:

4+ hours/day - Regency Rate: **\$30/hour**